



Purpose

This document focuses on COVID-19 vaccine availability, booking choices, mask mandates, and resources for long COVID. The data was gathered between September 27, 2023, and October 10, 2023.

Audience

- Public health actors, policymakers (all levels of government)

Methodology

- Most of the information is collected from publicly available sources, prioritizing resources such government websites but may also include media content from news articles. As information changes rapidly, the content is validated and augmented by public health experts, when available and as time allows.
- The primary source of information can be accessed through the hyperlinks provided.

Jurisdiction	Available COVID-19 Vaccines	Fall 2023 COVID-19 Vaccine Program	Prevention
Canada	<p>Approved COVID-19 Vaccines to Date:</p> <ul style="list-style-type: none"> • <u>Moderna Spikevax COVID-19 vaccine</u>: Moderna Spikevax® Bivalent COVID-19 vaccine (Original/Omicron BA.1); Moderna Spikevax® Bivalent COVID-19 vaccine (Original/Omicron BA.4/5); Moderna Spikevax® COVID-19 vaccine (Omicron XBB.1.5 subvariant) • <u>Pfizer-BioNTech Comirnaty COVID-19 vaccine</u>: Pfizer-BioNTech Comirnaty COVID-19 vaccine targeting the Omicron XBB.1.5 • <u>AstraZeneca Vaxzevria COVID-19 vaccine (approved but no longer administered by the provinces)</u> 	<ul style="list-style-type: none"> • On September 12, 2023, Health Canada authorized an XBB.1.5-containing mRNA COVID-19 Moderna Spikevax vaccine for use in individuals 6 months of age and older. Submissions for two other updated COVID-19 vaccines are still under review by Health Canada. • National Advisory Committee on Immunization (NACI)'s guidance can be found here: Guidance on the use of COVID-19 vaccines in the fall of 2023 – July 11, 2023 	Delegated to each province

<p>Canada cont.</p>	<ul style="list-style-type: none"> • Novavax Nuvaxovid COVID-19 vaccine; Health Canada is currently reviewing a submission from Novavax for its COVID-19 vaccine targeting the Omicron XBB.1.5 subvariant for people 12 years of age and older. <p>Types of COVID-19 Vaccines:</p> <ul style="list-style-type: none"> • mRNA vaccines • Plant-based vaccines • Viral vector-based vaccines • Protein subunit vaccines 		
<p>BC</p>	<p>Available COVID-19 Vaccines:</p> <ul style="list-style-type: none"> • The updated Moderna Spikevax vaccine for the XBB.1.5 subvariant will be available from October 2023 in BC for those 6 months and older. • COVID-19 immunization information is available in 15 languages. <p>How to get a COVID-19 Vaccine:</p> <p>Individuals who have received a COVID-19 vaccine in B.C.:</p> <ul style="list-style-type: none"> • No action required. Invitations will be sent by email or text message which will have a direct link to book your COVID-19 and flu appointment online. • Invitations will roll out, beginning with priority populations, including: <ul style="list-style-type: none"> ○ Seniors (65+), residents in long-term care facilities, Indigenous Peoples, pregnant people, health-care workers, people with chronic health conditions (e.g., cancer, hepatitis C, diabetes) • On October 10, invitations for the rest of the public will start to be rolled out. 	<p>Fall 2023 COVID-19 Vaccine Program</p> <ul style="list-style-type: none"> • Individuals 5 years and older must wait at least 6 months after their last dose to get another dose. • Individuals who received an additional dose during the summer of 2023 should know that this will likely delay their receipt of the fall 2023 COVID-19 vaccine. <p>At-Home Rapid Testing</p> <ul style="list-style-type: none"> • As of September 27, 2023, there are about 1,400 community pharmacies in B.C. distributing COVID-19 Rapid Test Kits free of charge. • Find a Participating Pharmacy • List View of Pharmacies where individuals can pick up rapid testing kits. 	<p>If you have COVID-19 symptoms:</p> <ul style="list-style-type: none"> • Stay home and away from others until your fever is gone and you feel well enough to participate in daily activities. • Treatments are available for people at high risk from COVID-19 who tested positive for COVID-19 by PCR or rapid antigen test. To find out if you may benefit from treatment and how to get the treatment, visit gov.bc.ca/covidtreatments or call 1-888-268-4319. • You can call 8-1-1 anytime to talk to a nurse at HealthLink BC. This service is available in 130 languages <p>Living with Post COVID or Long COVID Symptoms</p> <ul style="list-style-type: none"> • Self-care info: Common long-COVID symptoms to help you care for yourself. • Clinical care: services offered at the provincial virtual Post-COVID Recovery Clinic and outlines the referral process. • Additional care info: includes various tools, worksheets, and information to help you navigate your life post-COVID,

<p>BC cont.</p>	<ul style="list-style-type: none"> The vaccines are free and available at pharmacies, health authority clinics and some primary care providers' offices. <p>Individuals who haven't received a COVID-19 vaccine in B.C.:</p> <ul style="list-style-type: none"> Register in the Get Vaccinated system to receive your invitation. Register Online (personal health number is required) Or Call: 1-833-838-2323 Translators are available (personal health number is not required) Phone the call centre (1-833-838-2323) if you have questions about your COVID-19 immunization options and need help booking an appointment. Monday to Friday, 7 am to 7 pm. Translators are available. 		<p>including returning to work, financial management and managing your energy.</p> <p>Masking</p> <ul style="list-style-type: none"> Starting October 3, medical masks will be required for healthcare workers, visitors, contractors, and volunteers in patient care areas in healthcare facilities, programs, and services. Visitors to long-term care homes will be required to mask in common areas of the home and when participating in indoor events, gatherings, and activities in the common areas. Masks aren't required in public spaces. Masks are encouraged, but not required, when travelling.
<p>AB</p>	<p>Available COVID-19 Vaccines:</p> <ul style="list-style-type: none"> The Moderna XBB.1.5 vaccine is the only COVID-19 XBB.1.5 vaccine in Alberta at this time and is available to individuals 6 months of age and older. <p>How to get a COVID-19 Vaccine:</p> <ul style="list-style-type: none"> Online through Alberta Vaccine Booking System Bookings for both Influenza and COVID-19 XBB vaccines will open on October 10 with immunization appointments starting on October 16. Call Health Link at 811 for assistance to register and book appointments by phone. 	<p>Fall 2023 COVID-19 Vaccine Program</p> <ul style="list-style-type: none"> Albertans 6 months and older can get vaccinated. COVID-19 vaccines can be given at the same time, before or after influenza vaccine and other <u>routine immunizations</u> to individuals 6 months of age or older. <p>At-Home Rapid Testing</p> <ul style="list-style-type: none"> All Albertans can get free COVID-19 rapid testing kits for at-home use at participating pharmacies across the province. List of Pharmacies where individuals can pick up rapid testing kits. 	<p>If you have COVID-19 symptoms:</p> <ul style="list-style-type: none"> Manage your symptoms It is recommended to wait 3 months from a positive COVID-19 test before receiving a COVID-19 vaccine. COVID-19 information is available in 27 languages. <p>Living with Post COVID or Long COVID Symptoms</p> <ul style="list-style-type: none"> Patients and providers can call the Rehabilitation Advice Line at 1-833-379-0563. Long COVID Resources for patients Long COVID Platform for Albertans <p>Masking Masking is encouraged but not mandatory.</p>



<p>SK</p>	<p><u>Available COVID-19 Vaccines:</u></p> <ul style="list-style-type: none"> Individuals 5 years of age and older are eligible for one dose of the new XBB.1.5 vaccine regardless of how many vaccines they had previously received. It is recommended you wait at least six months after your last dose to get another dose. For those age 6 months to less than 5 years of age, immunization with a COVID-19 vaccine dose in a primary series should be given at least 8 weeks after infection. For those aged 5 years and older, immunization with a COVID-19 vaccine dose in a primary series should be given at least 3 months after infection and immunization with a booster dose should be given at least 6 months after infection. <p><u>How to get a COVID-19 Vaccine:</u></p> <ul style="list-style-type: none"> Saskatchewan Patient Booking System If you do not have a provincial health card, email address or cell phone number, call: 1-833-727-5829 for booking COVID-19 Vaccine, Lab / ECG or Flu shot HealthLine 811 for booking COVID-19 testing 	<p><u>Fall 2023 COVID-19 Vaccine Program</u></p> <ul style="list-style-type: none"> Beginning on Oct. 10, flu shots will be available at public health clinics, pharmacies and at some nurse practitioner and physician offices. Both flu shots and COVID-19 immunizations will be made available at the same appointment. Everyone in Saskatchewan, 5 years of age and older are eligible for one dose of the new XBB.1.5 vaccine. You can request the Novavax vaccine if you are unable or unwilling to get a COVID-19 mRNA XBB.1.5 vaccine and you are 12 years of age and older. (AstraZeneca and Janssen are no longer available). <p><u>At-Home Rapid Testing</u></p> <ul style="list-style-type: none"> Rapid Antigen Testing Kits (kits) are available to the general public free of charge through participating local public distribution centres throughout the province. Kits are also being provided to First Nations Communities across Saskatchewan through a provincial allocation to Indigenous Services Canada (ISC) and the Northern Intertribal Health Authority (NITHA). A list of locations where individuals can pick up rapid testing kits. 	<p><u>If you have COVID-19 symptoms:</u></p> <ul style="list-style-type: none"> Manage your symptoms Only call HealthLine at 811 if your symptoms are getting worse. <p><u>Living with Post COVID or Long COVID Symptoms</u></p> <ul style="list-style-type: none"> Self-management resources HealthLine Online for Long COVID Self Management Resources <p><u>Masking</u></p> <p>There are currently no COVID-related public health orders in effect.</p>
------------------	--	---	---

<p>MB</p>	<p><u>Available COVID-19 Vaccines:</u> All people in Manitoba aged 6 months and older are eligible for Moderna XBB.1.5 COVID-19 vaccination.</p> <p>Individuals who have received COVID-19 vaccine: Beginning in the fall of 2023 for those previously vaccinated against COVID-19, individuals aged 6 months and older are recommended to receive a dose of the new formulation of COVID-19 vaccine if it has been at least 6 months from the previous COVID-19 vaccine dose or known SARS-CoV-2 infection.</p> <p>Individuals who haven't received a COVID-19 vaccine: Individuals 5 years and older who have never been vaccinated against COVID-19 are eligible to receive one dose of the new XBB.1.5 formulation.</p> <p><u>How to get a COVID-19 Vaccine:</u></p> <ul style="list-style-type: none"> • The vaccine is available from medical clinics, pharmacies and other locations. Use the Vaccine Finder to find a convenient location. You can make your vaccine appointment at some sites online or by calling 1-844-626-8222. • Individuals can filter under "Vaccine Type" for clinics offering the children's COVID-19 vaccine (age 6 months to 4 years and/or age 5 to 11), by using map. • For more information about COVID-19 or the COVID-19 vaccines, individuals 	<p><u>Fall/Winter 2023-24 COVID-19 Vaccine Program</u></p> <ul style="list-style-type: none"> • The provincial 2023-24 Seasonal Influenza and COVID-19 Immunization Program advertising campaign will be launched in mid-October. • October 23: Regional public health immunization clinics will begin. <p>At-Home Rapid Testing</p> <ul style="list-style-type: none"> • Rapid antigen test kits are currently available free of charge at many locations across the province, including pharmacies, doctors' offices, retail locations, community libraries and City of Winnipeg facilities. • A list of locations where individuals can pick up rapid testing kits. 	<p><u>If you have COVID-19 symptoms:</u></p> <ul style="list-style-type: none"> • Manage your symptoms • Call your health care provider or Health Links - Info Santé (204-788-8200 or 1-888-315-9257) if you have questions about your symptoms. • Call 911 if your symptoms are severe. <p><u>Living with Post COVID or Long COVID Symptoms</u></p> <ul style="list-style-type: none"> • Long COVID Self Management • Covid Long-Haulers Support Group Manitoba <p><u>Masking</u></p> <ul style="list-style-type: none"> • Masking is encouraged but not mandatory.
------------------	--	--	---

MB cont.	can also call Health Links – Info Santé in Winnipeg at 204-788-8200 or 1-888-315-9257.		
ON	<p>List of vaccines: Available vaccines are:</p> <ul style="list-style-type: none"> • Moderna (Bivalent BA.4/5, XBB) • Pfizer-BioNTech • AstraZeneca • Novavax Nuvaxovid COVID-19 vaccine (Authorized for people 12 years of age and older, given as 2 doses for primary series, 21 days apart) <p>How to get vaccinated:</p> <ul style="list-style-type: none"> • The COVID-19 vaccination portal • Provincial public health units use their own booking system • Participating primary care providers • Indigenous-led vaccination clinics • Participating pharmacies • The Provincial Vaccine Contact Centre at 1-833-943-3900 from 8.30 am – 5 pm ET, Monday to Friday. 	<p>Fall 2023 COVID-19 Vaccine Program:</p> <ul style="list-style-type: none"> • Ontario’s Fall 2023 COVID-19 Vaccine Program will be rolled out with the Influenza Vaccine Program. • Administration of XBB.1.5 COVID-19 vaccine doses began at the end of September with preliminary doses prioritized for those at the highest risk from COVID-19. • Initial doses will be prioritized for: <ol style="list-style-type: none"> 1. Hospitalized individuals and hospital staff 2. Long-term care home and elder care lodge residents, staff, and caregivers. <p>At-home Rapid Testing</p> <ul style="list-style-type: none"> • Rapid antigen tests are available through pharmacy and grocery retail locations, local public health units, as well as targeted distribution to high priority communities. • Rapid antigen tests continue to be available through the <u>Provincial Antigen Screening Program</u> for select organizations that have employees working on-site. 	<p>If you have COVID-19 symptoms:</p> <ul style="list-style-type: none"> • Self-assessment • Manage your symptoms • Call to talk to a registered nurse if you have any health questions. Open 24 hours a day, seven days a week, 365 days a year. Telephone: 811 <p>Living with Post COVID or Long COVID Symptoms</p> <ul style="list-style-type: none"> • Long COVID information for patients • Provincial Long COVID Resources and Support • Hope for Wellness Helpline and Chat, 1-855-242-3310 <p>Masking:</p> <ul style="list-style-type: none"> • Several Ontario hospitals (Mount Sinai, North York General, Women's College, Lakeridge, St. Joseph's and St. Michael's Unity Health) are bringing back mask mandates for staff. • St. Joseph's Healthcare and Hamilton Health Sciences (HHS) updated their masking guidelines, requiring staff to wear masks when interacting with patients. • <u>In long-term care homes</u>, masks are required based on a point-of-care risk assessment (PCRA). For caregivers and visitors, masks are recommended, but not required.



<p>QC</p>	<p>Available vaccines: A COVID-19 messenger RNA vaccine is recommended as a booster dose. However, people with a contraindication or who refuse messenger RNA vaccines may choose a recombinant protein vaccine with adjuvant as a booster dose.</p> <ul style="list-style-type: none"> • Both Pfizer-BioNTech XBB.1.5 and Moderna Spikevax XBB.1.5 are available for Quebecers. <p>How to get vaccinated:</p> <ul style="list-style-type: none"> • Online: Quebec.ca/vaccinocovid • All residents can make appointments for their shots on Clic Santé (clicsante.ca) or by calling 1-877-644-4545 (Monday to Friday, 8 a.m. to 6 p.m.). • To receive the Novavax vaccine, it is mandatory to book an appointment by phone: 514 644-4545. 	<p>Fall 2023 COVID-19 Vaccine Program</p> <ul style="list-style-type: none"> • Quebec announced that a new vaccination campaign for the seasonal flu and COVID-19 will be rolled out on Oct. 2 for vulnerable people. • On October 10, the fall campaign will be expanded to the general population. • People will be able to get both the updated COVID-19 vaccine and this year's flu vaccine within the same appointment <p>At-Home Rapid Testing</p> <ol style="list-style-type: none"> 1. Rapid tests are offered at all <u>local points of service</u>. 2. Rapid tests are available in most <u>pharmacies</u>. These tests are reserved for: <ul style="list-style-type: none"> • Persons who are being considered for treatment with COVID-19. • People who receive free medication under the public drug plan (recipients of last-resort financial assistance and people aged 65 and over with low income) • Youths aged 14 to 17; • Full-time students aged 18 to 25. 3. In schools: Preschool, elementary, and high school students are provided testing kits so parents can test them and other family members at home. Tests are also provided to students at vocational training and adult education centres. 4. In educational childcare services; Educational childcare services provide the families with test kits to screen his or her child and the rest of the family at home. 	<p>If you have COVID-19 symptoms:</p> <ul style="list-style-type: none"> • Manage your symptoms • You can order the Self-Care Guide in braille, in large print format as well as in an audio version, by calling 1-877-644-4545 or the TTY number at 1-800-361-9596. • If you have other health questions or experience unusual symptoms, call the Info-Santé 811. A nurse will assess you and tell you what to do. <p>Living with Post COVID or Long COVID Symptoms</p> <ul style="list-style-type: none"> • Self-management resources • Network of long-COVID clinics <p>Masking</p> <ul style="list-style-type: none"> • Masks are recommended for the public. • The Centre hospitalier de l'Université de Montréal (CHUM) and the regional health board for the city's centre-west region are bringing back mandatory mask rules. Rules apply to both staff and visitors. • The McGill University Health Centre (MUHC) requires healthcare workers to wear masks when providing direct care to patients and when interacting with other healthcare workers while present in clinical care areas. • The health authority in Quebec's Eastern Townships has mandated the wearing of medical masks. The rule applies to staff and visitors in hospitals, CLSCs and long-term care homes.
------------------	--	---	---



<p>NB</p>	<p>Available COVID-19 Vaccines:</p> <ul style="list-style-type: none"> • Moderna Spikevax XBB.1.5 • Pfizer Comirnaty XBB.1.5 vaccine will be available in the coming weeks • A limited amount of the original Novavax Nuvaxovid COVID-19 vaccine is available at participating pharmacies. <p>How to get a COVID-19 Vaccine:</p> <ul style="list-style-type: none"> • For children aged 6 months to 5 years old: If no appointments are available, please call your local Public Health office at the following numbers: Public Health Clinics (gnb.ca) • For children 5 to 11 years: If no appointments are available, please call your local pharmacy. If there are no appointments at your pharmacy, contact your local Public Health office at the following numbers: Public Health Clinics (gnb.ca) • For children 12 years of age and older: your local pharmacy. If you are between the ages of 12 to 15, and your consent is filled out by your parent or legal guardian, you can schedule an appointment yourself. • To find a pharmacy, please use this link: Find a pharmacy for appointment 	<p>Fall 2023 COVID-19 Vaccine Program</p> <ul style="list-style-type: none"> • The new Moderna COVID vaccines will be available to everyone 6 months or older starting Oct. 16, as long as it's been at least 6 months since their last dose or COVID infection. • Beginning October 6th, individuals across New Brunswick aged 6 months and over will be able to book an appointment. • The new Pfizer-BioNTech COVID vaccines are expected to arrive in late October or early November. • Individuals are eligible even if they have never received a dose before or it has been 6 months or since their last vaccine or infection (whichever is more recent). <p>At-Home Rapid Testing</p> <ul style="list-style-type: none"> • One needs to register online to get the Point of Care Test (POCT) or rapid test kit. The link to registration is: https://schedule.ableassess.com/VNB/Register?culture=en • Rapid POCT tests should only be used when an individual over the age of 2 years develops symptoms. • Positive POCT results need to be registered online to understand the levels of circulating illness. Register here: https://www.pwx1.snb.ca/snb9000/product.aspx?productid=A001P351902&l=e 	<p>If you have COVID-19 symptoms:</p> <ul style="list-style-type: none"> • In case there are symptoms, self-assessment is recommended before calling 811. • Use the online self-assessment tool. <p>Living with Post COVID or Long COVID Symptoms</p> <ul style="list-style-type: none"> • Self-care <p>Masking</p> <ul style="list-style-type: none"> • No information is available on the government website. • Horizon Health Network is bringing back masking requirements in anticipation of an increase in COVID-19 cases and other respiratory viruses in its hospitals and wider community. The requirement will apply to physicians and other staff, volunteers, patients, social visitors and designated support persons while they are in inpatient units, emergency departments, ambulatory care, outpatient services and waiting room areas and other clinical settings.
------------------	--	--	---

<p>NS</p>	<p>Available COVID-19 Vaccines:</p> <ul style="list-style-type: none"> mRNA vaccines (Pfizer and Moderna) are available Moderna XBB.1.5 is expected in mid-October and Pfizer XBB.1.5 is expected to start late October. <p>How to get a COVID-19 Vaccine:</p> <ul style="list-style-type: none"> Vaccination appointments are booked online, using the “CANImmunize” link. https://novascotia.ca/coronavirus/book-your-vaccination-appointment/ 	<p>Fall 2023 COVID-19 Vaccine Program</p> <ul style="list-style-type: none"> The fall/winter dose will be available in mid-October. Fall/winter dose: Anyone 6 months of age and older who has completed their primary series and received their last dose at least 6 months ago. <p>At-Home Rapid Testing</p> <ul style="list-style-type: none"> In case of positive rapid test or book a PCR test, please complete the online Report and Support form. To pick up rapid tests, book an appointment online or call 811. Rapid test kits are available at participating public libraries, some family resource centres, and all MLA offices. 	<p>If you have COVID-19 symptoms:</p> <ul style="list-style-type: none"> Manage your symptoms <p>Living with Post COVID or Long COVID Symptoms</p> <ul style="list-style-type: none"> Post-COVID Self-Management Program Integrated chronic care service - accepts referrals from primary care providers <p>Masking</p> <ul style="list-style-type: none"> No new information available on masking recommendations.
<p>PEI</p>	<p>Available COVID-19 Vaccines:</p> <p>Moderna Spikevax™ XBB.1.5 and Pfizer-BioNTech™ XBB.1.5 will be available in October 2023.</p> <p>How to get a COVID-19 Vaccine:</p> <ul style="list-style-type: none"> An online booking tool is available to book appointment at a health PEI clinic: https://pe.skipthewaitingroom.com/walk-in-clinic-provider/vaccination-clinic Call toll-free 1-844-975-3303 Booking appointment at a pharmacy: Individuals 12 years of age and older can receive their primary series of the COVID-19 vaccine and booster doses at a number of partner pharmacies in PEI. Partner pharmacies are located in the following counties: <ul style="list-style-type: none"> Prince county King county Queens county 	<p>Fall 2023 COVID-19 Vaccine Program</p> <ul style="list-style-type: none"> Everyone 6 months of age and older is recommended to get a dose of an updated COVID-19 vaccine this fall. <p>At-Home Rapid Testing</p> <ul style="list-style-type: none"> Test kits are available through a variety of locations: <ul style="list-style-type: none"> All 9 Access PEI locations All Provincial Public Library locations All Provincial Visitor Information and Destination Centres All pharmacies across PEI Arenas and Recreation Centres Four Rapid Antigen Tests are available to the public. <ul style="list-style-type: none"> Flowflex Rapid Antigen Test (blue and white) SD Biosensor Rapid Antigen COVID-19 Test (pink and white) BTNX Rapid Response (green) Abbott Panbio Rapid Antigen Tests (blue and white) 	<p>If you have COVID-19 symptoms:</p> <ul style="list-style-type: none"> Manage your symptoms <p>Living with Post COVID or Long COVID Symptoms</p> <ul style="list-style-type: none"> Post COVID Condition You may need to be assessed by a health care provider to determine if you need additional therapies or medications to help manage your symptoms. Reach out to a health care provider for guidance. If you do not have a health care provider, the Virtual Health Care for Islanders without a Primary Care Provider Program is available and free to use. <p>Masking</p> <ul style="list-style-type: none"> No new masking rules as per the official website.

<p>NL</p>	<p><u>Available COVID-19 Vaccines:</u></p> <ul style="list-style-type: none"> The updated Moderna Spikevax vaccine for the XBB.1.5 subvariant will be available as of October 10, 2023 in NL for individuals 6 months and older. <p><u>How to get a COVID-19 Vaccine:</u></p> <ul style="list-style-type: none"> Individuals previously vaccinated can receive the XBB.1.5-containing COVID-19 vaccine if it has been 6 months from receiving a COVID-19 vaccine or 6 months post infection, whichever is longer. If you would like to receive both Flu and COVID-19 vaccine, please select an appointment for Flu. Do not select separate appointments. (Please note that during every appointment you will be offered both the COVID-19 and Flu vaccine. Appointment selection will not impact being offered both vaccines) <p><u>Individuals who haven't received a COVID-19 vaccine in NL:</u></p> <ul style="list-style-type: none"> To book an appointment, either call or Book Online by Health Zone 	<p><u>Fall 2023 COVID-19 Vaccine Program</u></p> <ul style="list-style-type: none"> Fall vaccination plan for influenza and COVID-19, which will commence on Monday, October 16, 2023. <p><u>At-Home Rapid Testing</u></p> <ul style="list-style-type: none"> Tests may be available at all public libraries and MHA offices across the province. 	<p><u>If you have COVID-19 symptoms:</u></p> <ul style="list-style-type: none"> Manage your symptoms If you have any questions about COVID-19, please call 1-833-951-3859 from 8:00 a.m. to 8:00 p.m. Monday through Friday. You can also email covid19info@gov.nl.ca with any questions you may have. This email is monitored from 8:00 a.m. to 5:00 p.m. Monday to Friday. <p><u>Living with Post COVID or Long COVID Symptoms</u></p> <p>There is no published provincial response, resource or support network for those living with Long Covid in Newfoundland and Labrador.</p> <p><u>Masking</u></p> <ul style="list-style-type: none"> Masking will be based on a point of care risk assessment (PCRA) for health care workers, or a self-assessment for staff, visitors, patients, and clients upon entry to health care facilities and in all clinical areas with direct patient interaction. Please follow appropriate signage posted in each healthcare facility. Some employers may require masks for their staff and visitors. Make sure to check with your employer and service providers to confirm whether you are required to wear a mask. Requirements under the Occupational Health and Safety Act and Regulations, as well as any workplace specific health and safety plans, will continue to apply to workers.
------------------	--	---	---

<p>NU</p>	<p><u>Available COVID-19 Vaccines:</u> All Nunavummiut 6 months and older are eligible to receive a COVID-19 vaccination. Currently, Nunavut offers:</p> <ul style="list-style-type: none"> • Moderna SPIKEVAX® vaccine for Nunavummiut aged 6 months and over. • Pfizer-BioNTech Comirnaty mRNA vaccines for those aged 5 and over. • At this time, the bivalent vaccine is given only after 3 to 6 months have passed since the primary series or previous booster dose. <p>How to get a COVID-19 Vaccine:</p> <ul style="list-style-type: none"> • Call your local health centre or public health office to make an appointment or to inquire about walk-in clinic times. 	<p><u>Fall 2023 COVID-19 Vaccine Program</u></p> <ul style="list-style-type: none"> • The fall COVID-19 vaccination program will be based on the latest recommendations from the National Advisory Committee on Immunization. <p><u>At-Home Rapid Testing</u></p> <ul style="list-style-type: none"> • Limited quantities of COVID-19 Rapid Antigen Self-tests are available to Nunavummiut through Northern Stores. At this time, self-tests are not available at the health centres, public health units, the hospital or any Government of Nunavut offices. Northmart will advertise availability and distribution of the tests. 	<p><u>If you have COVID-19 symptoms:</u></p> <ul style="list-style-type: none"> • Manage your symptoms • If you have questions, call 975-8601 or 1-888-975-8601 <p>Living with Post COVID or Long COVID Symptoms</p> <ul style="list-style-type: none"> • Not Available <p><u>Masking</u></p> <ul style="list-style-type: none"> • Masks are not mandatory for the public, but private businesses may continue to require staff and patrons to wear masks. • Until further notice, the GN will require masks at all health facilities, Elders’ facilities, and Akauisisarvik. • Masks are optional in schools and GN workplaces.
------------------	---	---	---